

# Connect with a board-certified dermatologist

Get answers to your skin care questions



**If you have concerns about your skin, Teladoc Health (Teladoc) Dermatology can connect you to doctors who can diagnose your condition, recommend a treatment plan, and provide follow-up.**

Teladoc Dermatology gives you access to board-certified dermatologists anywhere you are. Whether you have a question about a recent skin change or need help managing a chronic skin condition like acne, rosacea, or psoriasis, Teladoc Dermatology can help.

Using Teladoc Dermatology is quick and convenient. You get access to:

- A network of board-certified dermatologists
- An online message center where you can connect with your dermatologist
- A personalized treatment plan with follow-up care

## How Teladoc Dermatology works



**Initiate:** You can access Teladoc by:

- Calling 1-800-835-2362, or
- Visiting [teladochealth.com](https://teladochealth.com), or
- Downloading the Teladoc mobile app

Teladoc Health, Inc. is an independent company that provides virtual care for medical and specialty services.

Independence Blue Cross offers products through its subsidiaries Independence Assurance Company, Independence Hospital Indemnity Plan, Keystone Health Plan East, and QCC Insurance Company — independent licensees of the Blue Cross and Blue Shield Association.

**Independence** 

**Schedule an appointment**  
Learn more and make an appointment at [TeladocHealth.com](https://TeladocHealth.com).



**Inform:** Complete the intake form and provide details about your skin concern.



**Upload images:** Upload a minimum of three digital pictures, so the dermatologist can evaluate your skin.



**View online results:** Within two business days, you will get a notification in the online message center from your dermatologist, with a diagnosis and treatment plan. Your dermatologist can also send any prescriptions to your pharmacy.



**Follow-up:** Use the online message center to communicate with your dermatologist over the next seven days. You can ask any follow-up questions or report how the condition is responding to treatment.

**IBX**